

Psychology Faculty

Master's Course in The Impact of Traumatic and/or Stressing Experiences: Prevention and Intervention Strategies

The students of this Master's Course, supervised by Prof. Massimo Ammaniti, will explore the concept of trauma seen as an event that is generally outside normal human experience and that poses a threat to the physical integrity of self and others. A specific knowledge will be gained on the possible link between having lived traumatic experiences and the appearance of psychopathological symptoms. The Master, through teaching framework divided into four modules, will enable students to extend their theoretical and practical knowledge of the potential traumatic experiences and their effect as well as possible areas of intervention.

The Master has the following specific aims:

- assessing individual and social capacity to cope with traumatic events;
- intervening through skills empowerment in addressing individual and social traumatic experiences;
- intervening through the structuring a social network to respond to emergency situations;
- intervening through the planning of targeted interventions in relation to specific populations and cultures of origin.

The Master's course is aimed at three-year and five-year graduates from all disciplines and to practitioners of the helping professions (doctors, psychologists, social workers, police, banks officers, rescue units, nurses etc..) who want to explore the issue of assessment and intervention in traumatic situations.

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Course Program:

- Typology of Traumatic Experiences and Attachment
- Clinical Evaluation and Survey Instruments in the Area of Trauma
- Programs and Intervention Models in Traumatic Situations
- Social Intervention in Traumatic Situations: Human Rights and the Principles of Solidarity
- Final Exam

FOR FURTHER INFORMATION

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